

Taster Session Application Form

Taster Session Date:

Thursday 30th July 2015

Start Times: 6.30 – 8.30 pm

Location: Works Lane, Barnstone, NG13 9JN. Opposite the Barnstone Country Club

Fee: £5 per person.

The course will be run in accordance with ArcheryGB guidance, and will be 2 hour session.

Included in this fee is Insurance, Loan of equipment, and instruction from qualified Coaches

Dress code is what is appropriate for the day – we are outside on a sports field which can get a bit windy. Ensure that your shirts/blouses do not have any loose dangly straps or ties hanging loose on your front and that the sleeves are not too loose and baggy as we don't want to get in the way of the string when you release the arrow.

Make sure that you have fully enclosed shoes (no sandals, flip flops - ie your toes are completely covered)

If you have long hair bring a hat or hair band to keep it tied up.

Any facial piercings should be removed so that they don't catch the string (ear rings are ok as long as they are not too big and dangly)

Some items that we strongly advise that you bring along with you

- Drinking Water
- Sun Tan Lotion
- Hat to shade you from the sun
- Chair to sit on whilst you are waiting to shoot

Your coach will need to know of any medical conditions / medication that may effect your ability to shoot the bow.

Bookings will be confirmed when the attached form and payment are received by the course organiser.

Bryan Haynes, 10 Harebell Gardens, Bingham, Nottinghamshire. NG13 8TA

Cheques should be made payable to "Belvoir Archers"

Bank payment is accepted, details available on request.



Taster Session Application Form

Name:	
Address	
Town / Village	
Post Code	
Contact Phone Number	
Email Address	
Male / Female	
Age if Under 18	
Height	
Left or Right Handed	

I wish to attend the next Taster Session on Thursday 26th July 2015 and agree to shoot in accordance with all instructions and club rules.

During attendance of the course, video cameras may be used to record / demonstrate various archery shots for your coaching purposes only. **I do / do not** give consent for video to be used (you will be informed prior to the video being used)

Signed Date

If candidate is under 18, the agreement below must be signed by parent / Legal Guardian

Agreement between Parent or Legal Guardian and Belvoir Archers

Parents/Legal Guardians <u>must remain</u> with their child for the duration of the training session. In the event of insufficient parental supervision or the session will be cancelled.

It is the Parents/Legal Guardians responsibility to inform the club of any medical condition which might affect their child during archery sessions.

I/We acknowledge and understand that minor physical contact may be necessary as part of the coaching.

I / We do / do not give permission for video to be used as a coaching aid.

I Parent/Legal Guardian of agree to the above condition for my child to attend the Archery Beginners Course.

Name Email Address

Signed Date

If you have any questions, email us on <u>coaching@belvoirarchers.co.uk</u> WWW.BELVOIRARCHERS.CO.UK