

## **Beginners Course No 19 Application Form**

## Saturdays April 20/27<sup>th</sup> May 4/11<sup>th</sup> 11am to 2pm MINIMUM AGE 10– NO MAXIMUM AGE

Outdoor Venue: Belvoir Archers, Works Lane, Barnstone, Notts NG13 9JN

**Total Course Fee:** £40.00 per adult, £30 junior (10 to 18 years old).

The course will be run in accordance with ArcheryGB guidance, and will be 4 x 3 hour sessions. You must complete all 4 sessions set out in the above timetable.

Included in this fee is Insurance, Loan of equipment, and instruction from ArcheryGB Qualified Coaches.

At the end of the course, successful candidates will be presented with a Certificate of Achievement.

Dress code is what is appropriate for the day. Ensure that your shirts/blouses do not have any loose dangly straps or ties hanging loose on your front and that the sleeves are not too loose and baggy as we don't want to get in the way of the string when you release the arrow.

Make sure that you have fully enclosed shoes (no sandals, flip flops – ie your toes are completely covered)

If you have long hair bring a hat or hair band to keep it tied up.

Any facial piercings should be removed so that they don't catch the string (ear rings are ok as long as they are not too big and dangly)

Some items that we strongly advise that you bring along with you

- Plenty of Drinking Water
- Sun Protection
- Pen and Paper
- Gloves to protect you when you handle the targets gardening gloves are ideal

Your coach will need to know of any medical conditions / medication that may effect your ability to shoot the bow.

Bookings will be confirmed when the attached form and payment are received by the course organiser. Places allocated on a first come first served basis.

Bryan Haynes, 10 Harebell Gardens, Bingham, Nottinghamshire. NG13 8TA

Cheques should be made payable to "Belvoir Archers"

Bank payment is accepted, details available on request.

**Data Protection** – When you attend the Beginners Course the following information may be collected and shared with club coaches, and ArcheryGB for example First Name, Surname, Gender, , Date of Birth/Age, Email, Address, Phone Number, Disabled (Y/N), Disability info.

## **Beginners Course No 19 Application Form**

Name:			
Address			
Town / Village			
Post Code			
Contact Phone Number			
Email Address			
Male / Female			
Age	Under 18 DOB	18-24 Yes / NO	Over 24 Yes / No
Height		<u> </u>	•
Left or Right Handed			
3			
ensure that the correct bo	ow size and specification is	available.	contact details for you and that we car
_		y be used to record / demonstrate to be used (you will be informed p	various archery shots for your coaching rior to the video being used)
Signed	Date		
If candidate is under 18, the	ne agreement below <u>must</u>	be signed by parent / Legal Guard	ian
	Agreement between P	Parent or Legal Guardian and Belve	oir Archers
	nust remain with their chile session will be cancelled		essions. In the event of insufficient
It is the Parents/Legal Guaduring archery sessions.	rdians responsibility to inf	form the club of any medical condi	tion which might affect their child
I/We acknowledge and ur	nderstand that minor physi	ical contact may be necessary as pa	art of the coaching.
I / We do / do not give pe	ermission for video to be us	sed as a coaching aid.	
I Parent/Legal Guardian of Beginners Course.	f	agree to the above cond	lition for my child to attend the Archery
Name	Email Address		
Signed	Date		